**Theme: Health and Wellness**

**Activity Introduction**: National Parks Virtual Tours: Take a virtual family trip to a National Park to explore the amazing sights and sounds of our nation’s natural resources.

**TC Activity 9: Grades PK-12**

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| Activity Objective: | Use the experience of taking a virtual tour of a national park to learn together as a family.  |
| Resources Needed: | Access to the internet, including audio and video: <https://www.nationalparks.org/connect/blog/take-virtual-visit-national-park> |
| Directions: | As a family, choose one of the many virtual tours available of National Parks. Yellowstone National Park is a good choice ([https://www.nps.gov/yell/learn/photosmultimedia/virtualtours.htm](https://nam01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.nps.gov%2Fyell%2Flearn%2Fphotosmultimedia%2Fvirtualtours.htm&data=02%7C01%7CMVaccaro4%40schools.nyc.gov%7Cf2b03786c0024474760208d7da7fdffc%7C18492cb7ef45456185710c42e5f7ac07%7C0%7C0%7C637218117502196470&sdata=HGF2PlGjbD9njPkNfLXpnLP%2BIf1OUqu4rbL%2FN9Q0ZPA%3D&reserved=0)), or you can pick one of the many other options here:<https://www.insider.com/national-parks-america-virtual-tours-3d-visit-2020-3>And here:<https://www.nationalparks.org/connect/blog/take-virtual-visit-national-park>In making your decision about which park to visit, think about what kind of animals or scenery you might like to see or what part of the country you want to visit. During and after your tour, talk about what questions you have about the park and what surprised you the most.  |