

College and Career Day - “A Day In The Life” Grades: 6-8

Activity 1: Virtual College Tour

Introduction: Thinking about your future might seem a little strange, or even scary, right now. That makes sense! It can also be a way to feel hopeful, or a little more normal. However you are feeling, now is the time to take some important steps in planning your future. This activity will help you take those next steps. That means the activity can also help you face your fears - and inspire hope!

<p>What We Will Learn in this Activity:</p>	<p>We will explore a college/university through a virtual campus tour and have conversation about college as a family.</p>
<p>What to do Before the Activity</p>	<ul style="list-style-type: none"> • For this activity, you will need at least one sheet of loose-leaf paper, a pen or pencil, and a device with internet access (ex., Computer, laptop, tablet, mobile phone, etc.), and a timer. • Decide which household member will join you in taking your virtual tour.
<p>What is the Activity</p>	<p>To begin:</p> <ol style="list-style-type: none"> 1. Explore the YouVisit site together with your family member. 2. Use the “Filters” option to narrow down your choices. 3. Select the college or university you would like to tour. 4. Please note, many colleges/universities offer tours in other languages. <ol style="list-style-type: none"> a. Here are a few that offer tours in several different languages: <ol style="list-style-type: none"> i. University of California San Diego ii. North Carolina State University iii. University at Albany iv. Lehman College b. You can change the language by: <ol style="list-style-type: none"> i. Computer/laptop – hovering your cursor over the “EN” symbol in the bottom-right corner of the screen and changing the language.

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	<p>ii. Mobile device – clicking the flashing “i” symbol on the right side of your screen. Next click on the speaker in the top-right corner and select your preferred language.</p> <ol style="list-style-type: none"> 5. As you tour the college virtually, write down any highlights that stick out to you. Also write down any questions you may think of on loose-leaf paper. 6. Once the tour is complete, have a talk with your family member about the highlights of the tour. Also discuss the questions that may have come up for you both. 7. As a final activity, test your knowledge. 8. Everyone should turn your piece of paper over. 9. Set a 1-minute timer on your device. 10. Each person will answer as many questions as you can before time runs out 11. When time is up, take turns reading your answers aloud. If the answer is correct, give yourself one point. If the answer is incorrect, go back to the tour to find the correct answer. 12. The person with the most points wins! <p>Remember, eyes on your on paper! Ready, Set, Go!</p> <p>Questions</p> <ul style="list-style-type: none"> • What is the name of the college? • Where is the college located? • Is this a public or private college? • Name one major (program) the college offers? • Name the building where you would go to eat? • Name one thing you can do on campus? • Name one thing you can do today to prepare to attend college?
<p>What to do After the Activity</p>	<p>To conclude, share your reflections by asking yourself the following questions:</p> <ol style="list-style-type: none"> 1. What did I learn about this particular college today? 2. What did I like/not like? 3. What did I learn about what is important to me and my family?

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	<p>Finally, write a paragraph that answers the above questions and share it with the person in charge of college access at your school. This may be your assistant principal, teacher, guidance counselor, parent coordinator, or someone else.</p>
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